



# EASY, HEALTHY AND NATURAL



## Achieve A New You In 90<sup>‡</sup>

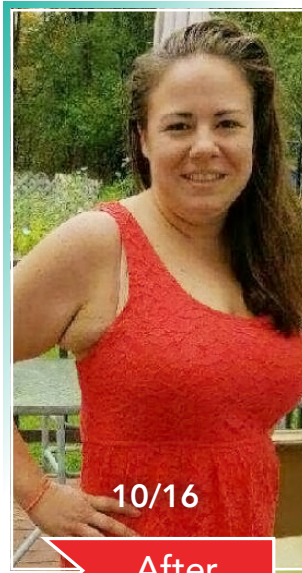
It's time to shape a New You with a fat-loss system that works. Featuring a complete bundle of products to help you drop the inches, TruHealth is a natural system designed to be easy, effective and healthy.\*

Save time and money at the grocery store when you replace 1–2 meals with TruPLENISH™ shakes!



04/16

Before



10/16

After



04/16

Before



10/16

After

**WITH MANNATECH'S AMAZING 100% SATISFACTION GUARANTEE, THE ONLY THING YOU HAVE TO LOSE IS THE FAT!**

A human clinical trial has not yet been conducted on the TruHealth system as a whole. The foundation of this system is slow, steady and sustainable improvements in body composition. During a typical month, research suggests that individuals committed to regular intake of the TruHealth products and the dietary and behavioral components associated with the system may expect to lose up to 8 pounds and 2 inches in waist circumference.

\*Always consult with your physician or other qualified healthcare provider before embarking on a new diet or program. This program is not recommended for pregnant or lactating women. If you are taking medications, have a health condition or are planning a medical procedure, consult your health professional before beginning this program. It is also not recommended for children under the age of 18. If you have any specific questions about these matters you should consult your doctor or other healthcare provider.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.

100% Satisfaction Guarantee! If you try our products and are not completely satisfied for any reason, you can return them within 180 days of purchase for either an exchange of like products or a 100% refund.

TruHealth  
by MANNATECH

# The TruHealth™ Fat-Loss System

TruHealth helps you establish positive lifestyle habits and a healthy body composition!



## TruPLENISH Nutritional Shake:

- Meal replacement packed with 20 grams of plant-based protein to help satisfy your cravings.
- Helps maintain lean muscle.\*
- Promotes healthy fat loss.\*



## TruPURE™ Cleanse Slimstick:

- Promotes healthy weight management and metabolism.\*
- Supports the removal of impurities to help support overall health.\*†
- Full of natural ingredients to help diminish toxins that can cause oxidative stress.\*†



## TruSHAPE™ Metabolism Booster:

- Stimulates the calorie burning process.\*
- Supports appetite control.\*
- Helps reduce body fat.\*



TO SHAPE A NEW YOU, CONTACT THE PERSON WHO SHARED THIS INFORMATION AND ORDER YOUR TRUHEALTH BUNDLE TODAY!

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†When four TruPURE slimsticks are taken per day in conjunction with the TruHealth system recommendations: plentiful water intake, intake of healthy foods and elimination or low intake of processed foods, alcohol, caffeine, etc.